



THIRTY THIRD ANNUAL

NEVADA CITY SPRING RUN / WALK

"A 2019 Gold Country Grand Prix Event"

5K & 10K Runs 5K Walk

Saturday, April 27, 2019 8:30 am

PRESENTED BY THE NEVADA CITY UNITED METHODIST CHURCH

- Place:** 433 Broad Street at the Nevada City United Methodist Church, Nevada City, CA
- Time:** Registration opens at 7:30am. Run / Walk begins at 8:30am.
- Donation:** Run / Walk pre-registration \$20 postmarked by April 22rd (\$25 thereafter).
A family of 3 or more members may register for \$40.
Children 10 and under may register for \$5.
- Course:** 5K and 10K begin simultaneously at the corner of Mill & Spring Streets.
- Awards:** All participants will receive vegetable starters from **Weiss Brothers Nursery**.
5K and 10K Run awards will be presented to the overall male and female winners and to the top three finishers in each age division.

FOR MORE INFORMATION, contact Spring Run/Walk Director Andrea Stone at 530-263-0543, or call the church office at 530-265-2797. To pre-register (postmarked by 4-22-2019) return registration form along with a check for \$20 made payable to NCUMC and mail to: Nevada City United Methodist Church. Attention: Race Director, 433 Broad Street, Nevada City CA 95959.

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PLEASE CIRCLE THE APPROPRIATE INFORMATION

MALE FEMALE 5K RUN 10K RUN 5K WALK

Print Name _____ Age on 4/27/2019 _____

Address _____ Date of Birth _____

City _____ State _____ Zip _____ Phone _____

RUNNERS MUST CIRCLE AN AGE DIVISION: email _____

10 & under 11-14 15-18 19-29 30-39 40-49 50-59 60-69 70-79 80 & over

WAIVER: I hereby waive all legal rights I may have against NCUMC or any individuals, volunteers, or organizations associated with the events in case of injury during the events or while traveling to or from them, or because of dissatisfaction with any aspect of the event. I further attest that I am physically fit and have adequately trained for participation in the event I am entering.

Signature _____ Date _____
(must be signed by parent or guardian if participant is under age 18)